

Watercolor Resist & Explore



Art materials can work together. Each brings something different to the experience. Use the wax to draw your ideas. Use the paint to illuminate them.

- *To Illuminate or illuminating*, is to light up, decorate, to to clarify. This project is exploring the abstract way of doing this with color and creativity.
- To Resist, is to withstand the effect of something else. Which I hope we are all doing with Art!

Materials from the First Aid Art Kit:

- Crayons
- Watercolor paper, (thick & bumpy paper)
- Watercolor paint trays or watercolor pencils
- Sharpener
- Container with lid, fill with water
- Paintbrushes
- Clothespins
- Legal Pad

Materials to help:

- A dry rag or paper towel
- Sponge for clean up
- Newspaper



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Getting set up: makes things more enjoyable, as you can just dive in.

- 1. Lay out a newspaper. This makes a safe place to work.
- 2. Fill up your container with water.
- 3. Find something absorbent, try a couple rags if you don't have a surplus of paper towels.
- 4. Depending on where you are situated, the board side of the legal pad of paper might work to paint on. The clothespins might even hold the paper in place.



5. You will need room for your tools on a table.



This is purely about play and exploring. What might you find under sea or in the sky at night or as the sun rises. Or even in the room around you. Really this is not about making a pretty picture, it is about play. In my studio work I have been making little worlds on long stripes of paper. There are many layers to life, this was a way to explore this visually.



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Part One Draw: On your watercolor paper with wax crayons:

Part Two and more...Whether the kit has watercolor pencils or watercolor, you can explore (If your kit has watercolor pencils draw, then paint with water).

- Try dense smaller brush marks
- Try larger movements with your hand.









- Try covering an area with clean water and adding color to that. Watch how the water carries the color.
- The color will only go as far as the water will go. The wax is also a barrier. See how the cloud stays white?
- Try drying it with your rag.
- What happens if you just use the tip of the rag? Instead of scrunching up the rag and doing a big blot?
- The watercolor has the ability to be both atmospheric and detailed.
- See what a little salt might do in the water color.... Explore!

Clean up trick:

Watercolor does need to be cleaned up, and thankfully as it is diluted by water, pretty easily.

Watercolor is an endless thing to explore. What happens if you add a pinch of salt? What happens if you used the string to paint with? Dragging the string willy nilly through the paint? What happens if you use your ruler to make clean lines of paint or watercolor pencil and then just painted with fresh water over the lines with a paint brush? What happens when the colors mix?